



- 1 can Spaghetti Sauce
- Tomato Products
- 1 medium Peanut Butter
- 1 small Jelly or Honey
- 2 boxes Mac and Cheese
- 2 cans soup/beans for soup
- 2 canned meats (chilli, stew)
- 2 cans Tuna
- Coffee/Tea
- Juice boxes
- 2 cans Fruit
- 1 box Cereal
- 1 lb. Pasta

The grocery list above includes a variety of foods to feed a household for a few days depending on its size. You may substitute comparable items, if you prefer.

## BCHG Community Food Pantries

### Penndel Community Food Pantry

349 Durham Rd. Penndel PA 19047

**215.750.4344 x101 or x102**

Monday & Wednesday 9:30 am-12:30 pm

*Tuesday 10:00 am - 12:00 pm Donations Only*

Thursday 6pm-8pm

### Doylestown Community Food Pantry

740 Old Dublin Pike Doylestown PA 18901

**215.345.4311 x101**

Wednesday 5:30pm-8pm

Thursday 10:30am-1:30pm

Sunday 10:30am- 1pm

### Milford Square Community Food Pantry

2155 Milford Square Pike Milford Square PA 18935

**215.529.5519 x101**

Tuesday & Thursday 4:30pm-7:30pm

Saturday 11am-1pm

## - Planning a Food Drive -

### Here's all you need:

- Containers or boxes for donated items
- A drop off location for donated items
- Publicity

### How?

- Establish a drive committee or coordinator
- Establish Start and End dates
- Publicize via flyers, posters, newsletters, electronic bulletin board postings, etc.

### When?

- **Anytime!**

*Community Awareness is key!*

Hunger knows no season

**Food drives are needed all year long!**

### What?

- Plan a general drive or chose a theme around a holiday, a single food type or food group: Veggie Blasters, Lotsa Pasta, Rice'n Ready, Pounds of Peanut Butter, tons of tune, etc.

### Where?

- Anywhere, any organization-schools, business, places of worship, office parks, apartment complexes, stores, and neighborhoods, **even just for a day at your local food store!**

### Why?

This type of service teaches valuable lessons about philanthropy and how a community supports each other....**And it's fun!**

*For help planning your food drive call the BCHG Community Food Pantry location closest to you or contact the main office:*

**Bucks County Housing Group  
at 215-598-3566 ext 130**

2324 Second Street Pike, Suite 17  
Newtown, Pa 18940

## A Practical Guide to Food Donations & Food Drives



**FOOD RULES!**



[www.bchg.org](http://www.bchg.org)

## BCHG Community Food Pantries



***Follow guidelines suggested by organizers of the food drive.***

Many drives make specific requests for the most needs goods: peanut butter, tuna, cereal, pasta sauce, infant formula. Emergency food providers have practical reasons for these requests.

***Check expiration dates!***

Please leave out goods that are almost expired. If the "Use By" date is close then do not donate the item. For this reason, please do not donate perishable items unless specifically requested.

***Include simple, basic food.***

Consider food with easy, one-step or no preparation. Often clients only have access to a microwave or a hotplate.

***Consider the 4 Basic food Groups.***

Fruits, Vegetables, Dairy, Meat (canned), Grains and Cereals. Low salt and sugar free items as well

***Remember babies and children!***

A high percentage of food pantry clientele are families with infants and young children. Baby food, formula and cereals are always welcomed. Healthy snacks like 100% juice boxes, pretzels and popcorn help stretch tight budgets.

***Include personal hygiene products.***

Soap, shampoo, toothpaste, toothbrushes, deodorant and diapers are not covered by the Food Stamp Program (TANF). These items are often expensive and in most cases, are a necessity. Hotel and travel sizes are acceptable and welcomed!

**F**ood drive donations help stock the shelves of walk-in food banks and pantries.

✓ BCHG has been providing "disaster" relief level of service for 24 months. Last year we served over 31,000 individuals at our three pantries.

✓ The nation's economic crisis has catapulted the number of Americans who lack enough food to the highest level since the government has been keeping track, according to a new federal report, which shows that nearly 50 million people-*including almost one child in four*-struggled last year to get enough to eat.

**Spread  
The Word!**

Nobody should go hungry in our communities!

*You Can Make  
A Difference!*



***Include only packages sealed by the manufacturer and pack food carefully.***

Items that are opened are discarded. If food is opened or damaged in transit it will be discarded. Place canned foods on bottom, dry foods on top.

***Avoid large and heavy items!***

Bulk food items, like 10lb bags of rice or gallon size containers are hard for clients to transport. Most clients walk to the food pantry, take public transportation or rely on someone else for a ride.

***Leave out food that is home-canned or home-prepared. But include foods that you enjoy!***

Home-canned or prepared items will be discarded for food safety reasons. But please include items that are healthy and nutritious and that you enjoy!

***Plan ahead with supermarket 2 for 1 specials.***

Take advantage of these cost saving promotions at local grocery stores-keep one, donate the other.

***Consider volunteering to sort food or staff one of the pantries.***

The community food pantries operated by the Bucks County Housing Group are entirely staffed by volunteers of all ages. Consider becoming a volunteer to sort food, staff the pantry when it is open or help during large food drives.

***Be Generous!***

Remember the food pantries are open all year long. Donate often and be generous, you'll be helping yourself and others!